

Referral Form – Functional Family Therapy and Multisystemic Therapy

Referral Date:	Youth Name:			
Date of Birth:	Primary Phone #:			
Birth County:	Mother's Maiden Name:			
School:	Home Address:			
MediCAL Coverage; ☐ Yes ☐ No	MediCAL ID#:			
ICC Screening Completed: ☐ Yes ☐ No	Preferred Language for Services: ☐ English ☐ Spanish ☐ Other:			
Formal Probation: ☐ Yes ☐ No	Treatment Program: ☐ BYA Community Path ☐ BYA Commitment ☐ BYA Secure ☐ GIM Graduated: ☐ Yes ☐ No Estimated Release Date:			
Key Participants	Name, Phone, Email			
☐ Referral Source				
☐ Parent/Guardian/Caregiver				
☐ Household Member Names				
☐ Probation Officer				
☐ Mental Health Worker				
☐ Social Services/Case Worker				
Acceptance Criteria				
☐ Youth is between the age of 11 and 19				
☐ Youth is at risk of, or currently experiences, system consequences (e.g., juvenile justice, school or residential placement)				
Behavioral Concerns		School-Related Concerns		
☐ Violent/physically aggressive behavior		☐ Expelled or dropped out of formal education		
☐ Verbally aggressive or threatening behavior		☐ Attending alternative school setting – not mainstream		
□ Robbery, theft		☐ Multiple suspensions for problem behavior		
☐ Vandalism, destruction of property		☐ High association with antisocial peers		
☐ Drug-related criminal offending		☐ Low association with prosocial peers		
□ Drug use		☐ Poor relationship with school staff		
☐ Running away		☐ Attendance problems		
☐ Non-compliance with probation or court of	order	☐ Academic problems/risk of failure		
☐ Non-compliance with family rules and exp	ectations	Peer-Related Concerns		
□ Other:		☐ Gang membership or strong affiliation		
		☐ High affiliation with mostly antisocial peers		
		☐ Mixed antisocial and prosocial peers		
		☐ Low affiliation with prosocial peers		
Desired Outcomes (choose all that apply and writ	e an "H" in areas you see	e as having the highest priority)		
☐ Prevent out of home placement		☐ Improve family problem solving skills		
☐ Reduce aggressive and/or criminal behaviors		☐ Improve family communication and cohesiveness		
Retain in school/vocational efforts and/or improve school attendance		☐ Improve family behavioral management skills		
☐ Improve academic functioning		☐ Improve youth prosocial involvement and peer relationships		
☐ Reduce substance use		□ Other:		
Desired Location/Mode of Service (choose one or more)				

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☐ In person at: ☐ Home ☐ Other location:	☐ Telehealth	☐ Telehealth (via Zoom video conferencing)		
Service youth/family is being referred for:				
☐ First available service ☐ Functio	nal Family Therapy (FFT)	☐ Multisystemic Therapy (MST)		
Please attach the following and indicate all that are available:				
\square Summary of Prior Offending \square Recent	Mental Health Evaluation	☐ Recent Educational Evaluation		
Exclusion Criteria				
☐ Youth living independently, or youth for whom a primary caregiver cannot be identified despite extensive efforts to locate all extended family, adult friends, and other potential surrogate caregivers. (Not appropriate for either FFT or MST)				
☐ Youth referred primarily due concerns related to suicidal, homicidal, or psychotic behaviors. (FFT only)				
☐ Youth whose psychiatric problems are the primary reason leading to referral or who have severe psychiatric problems. (FFT only)				
☐ Youth with pervasive developmental delays. (FFT only)				
☐ Juvenile sex offenders (sex offending in the absence of other delinquent or antisocial behavior. (Not appropriate for either FFT or MST)				

For Juvenile Justice-Involved Youth - Send To:	For All Other Referrals - Send To:
Central County Amanda Kuzio, LMFT Central County Mental Health Liaison amanda.kuzio@cchealth.org 925.313.4027	Functional Family Therapy Daphne Pleasant, LMFT Director of Family Therapy Services d.pleasant@embrace-mh.org 925.876.2325 (phone) 925.943.6091 (fax)
East County Douglas Quinn, LMFT East County Mental Health Liaison douglas.quinn@cchealth.org 925.381.2314	Multisystemic Therapy Brent Ringwood, LMFT Director of Multisystemic Therapy & Behavioral Services b.ringwood@embrace-mh.org 925.360.5003 (phone) 925.943.6091 (fax)

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