

Referral Form – Functional Family Therapy and Multisystemic Therapy

Referral Date:	Youth Name:		
Date of Birth:	Primary Phone #:		
School:	Home Address:		
ICC Screening Completed: ☐ Yes ☐ No	Preferred Language	for Services: ☐ English ☐ Spanish ☐ Other:	
Formal Probation: ☐ Yes ☐ No	Treatment Program: ☐ Yes ☐ No ☐ BYA ☐ GIM ☐ Ranch ☐ YOTP ☐ Placement		
		□ No Estimated Release Date:	
Key Participants	Name, Phone, Email		
☐ Referral Source			
☐ Parent/Guardian/Caregiver			
☐ Household Member Names			
☐ Probation Officer			
☐ Mental Health Worker			
☐ Social Services/Case Worker			
Acceptance Criteria			
\square Youth is between the age of 11 and 19			
$\hfill\square$ Youth is at risk of, or currently experience	s, system consequenc	ces (e.g., juvenile justice, school or residential placement)	
Behavioral Concerns		School-Related Concerns	
☐ Violent/physically aggressive behavior		☐ Expelled or dropped out of formal education	
☐ Verbally aggressive or threatening behavior		☐ Attending alternative school setting – not mainstream	
□ Robbery, theft		☐ Multiple suspensions for problem behavior	
☐ Vandalism, destruction of property		☐ High association with antisocial peers	
☐ Drug-related criminal offending		☐ Low association with prosocial peers	
☐ Drug use		☐ Poor relationship with school staff	
☐ Running away		☐ Attendance problems	
☐ Non-compliance with probation or court of	order	☐ Academic problems/risk of failure	
☐ Non-compliance with family rules and expectations		Peer-Related Concerns	
□ Other:		☐ Gang membership or strong affiliation	
□ Other:		☐ High affiliation with mostly antisocial peers	
□ Other:		☐ Mixed antisocial and prosocial peers	
□ Other:		☐ Low affiliation with prosocial peers	
Desired Outcomes (choose all that apply and writ	e an "H" in areas you see	e as having the highest priority)	
☐ Prevent out of home placement		☐ Improve family problem solving skills	
☐ Reduce aggressive and/or criminal be	haviors	☐ Improve family communication and cohesiveness	
Retain in school/vocational efforts and/or improve school attendance		☐ Improve family behavioral management skills	
☐ Improve scribor attendance		☐ Improve youth prosocial involvement and peer relationships	
Reduce substance use		□ Other:	
Desired Location/Mode of Service (choose one or more)			
□ In person at: □ Home □ Other location:		□ Telehealth (via Zoom video conferencing)	

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☐ Youth with pervasive developmental delays. (FFT only)

Service youth/family is being referred for:				
☐ First available service	☐ Functional Family Therapy (FFT)	☐ Multisystemic Therapy (MST)		
Please attach the following and indicate all that are available:				
☐ Summary of Prior Offending	☐ Recent Mental Health Evaluation	☐ Recent Educational Evaluation		
Exclusion Criteria				
☐ Youth living independently, or youth for whom a primary caregiver cannot be identified despite extensive efforts to locate all extended family, adult friends, and other potential surrogate caregivers. (<i>Not appropriate for either FFT or MST</i>)				
☐ Youth referred primarily due concerns related to suicidal, homicidal, or psychotic behaviors. (FFT only)				
☐ Youth whose psychiatric problems are the primary reason leading to referral or who have severe psychiatric problems. (FFT only)				

☐ Juvenile sex offenders (sex offending in the absence of other delinquent or antisocial behavior. (Not appropriate for either FFT or MST)

For Juvenile Justice-Involved Youth - Send To:	For All Other Referrals - Send To:
Central County Amanda Kuzio, LMFT Central County Mental Health Liaison amanda.kuzio@cchealth.org 925.313.4027 East County Douglas Quinn, LMFT East County Mental Health Liaison douglas.quinn@cchealth.org 925.381.2314 West County Diana Catalanotto, LMFT West County Mental Health Liaison diana.catalanotto@cchealth.org 510.231.6539	Functional Family Therapy Daphne Pleasant, LMFT Director of Family Therapy Services d.pleasant@embrace-mh.org 925.876.2325 (phone) 925.943.6091 (fax) Multisystemic Therapy Brent Ringwood, AMFT Director of Multisystemic Therapy & Behavioral Services b.ringwood@embrace-mh.org 925.360.5003 (phone) 925.943.6091 (fax)

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