

Referral Form – Functional Family Therapy and Multisystemic Therapy

Referral Date:	Youth Name:		
Date of Birth:	Primary Phone #:		
School:	Home Address:		
ICC Screening Completed: 🗆 Yes 🛛 No	Preferred Language for Services: 🗆 English 🛛 Spanish 🗇 Other:		
Formal Probation: 🗆 Yes 🛛 No	Treatment Program: □ BYA Community Path □ BYA Commitment □ BYA Secure □ GIM Graduated: □ Yes □ No Estimated Release Date:		
Key Participants	Name, Phone, Email		
Referral Source			
Parent/Guardian/Caregiver			
Household Member Names			
Probation Officer			
🗆 Mental Health Worker			
Social Services/Case Worker			
Acceptance Criteria			
□ Youth is between the age of 11 and 19			
□ Youth is at risk of, or currently experience	s, system consequenc	es (e.g., juvenile justice, school or residential placement)	
Behavioral Concerns		School-Related Concerns	
□ Violent/physically aggressive behavior		Expelled or dropped out of formal education	
□ Verbally aggressive or threatening behavior		□ Attending alternative school setting – not mainstream	
□ Robbery, theft		Multiple suspensions for problem behavior	
□ Vandalism, destruction of property		High association with antisocial peers	
Drug-related criminal offending		Low association with prosocial peers	
Drug use		Poor relationship with school staff	
Running away		□ Attendance problems	
□ Non-compliance with probation or court order		□ Academic problems/risk of failure	
□ Non-compliance with family rules and expectations		Peer-Related Concerns	
□ Other:		□ Gang membership or strong affiliation	
		High affiliation with mostly antisocial peers	
		Mixed antisocial and prosocial peers	
		Low affiliation with prosocial peers	
Desired Outcomes (choose all that apply and write an "H" in areas you see as having the highest priority)			
Prevent out of home placement		□ Improve family problem solving skills	
□ Reduce aggressive and/or criminal behaviors		□ Improve family communication and cohesiveness	
Retain in school/vocational efforts and/or		□ Improve family behavioral management skills	
Improve academic functioning		□ Improve youth prosocial involvement and peer relationships	
□ Reduce substance use		□ Other:	
Desired Location/Mode of Service (choose one or more)			
□ In person at: □ Home □ Other location:		Telehealth (via Zoom video conferencing)	



Service youth/family is being referred for:

□ First available service □

Functional Family Therapy (FFT)

□ Multisystemic Therapy (MST)

Please attach the following and indicate all that are available:

□ Summary of Prior Offending

Recent Mental Health Evaluation

Recent Educational Evaluation

Exclusion Criteria

□ Youth living independently, or youth for whom a primary caregiver cannot be identified despite extensive efforts to locate all extended family, adult friends, and other potential surrogate caregivers. (*Not appropriate for either FFT or MST*)

□ Youth referred primarily due concerns related to suicidal, homicidal, or psychotic behaviors. (FFT only)

□ Youth whose psychiatric problems are the primary reason leading to referral or who have severe psychiatric problems. (FFT only)

□ Youth with pervasive developmental delays. (*FFT only*)

□ Juvenile sex offenders (sex offending in the absence of other delinquent or antisocial behavior. (Not appropriate for either FFT or MST)

For Juvenile Justice-Involved Youth – Send To:	For All Other Referrals – Send To:
Central County Amanda Kuzio, LMFT Central County Mental Health Liaison amanda.kuzio@cchealth.org 925.313.4027 East County Douglas Quinn, LMFT East County Mental Health Liaison	Functional Family Therapy Daphne Pleasant, LMFT Director of Family Therapy Services d.pleasant@embrace-mh.org 925.876.2325 (phone) 925.943.6091 (fax)
douglas.quinn@cchealth.org 925.381.2314 West County Diana Catalanotto, LMFT West County Mental Health Liaison diana.catalanotto@cchealth.org 510.231.6539	Multisystemic Therapy Brent Ringwood, LMFT Director of Multisystemic Therapy & Behavioral Services b.ringwood@embrace-mh.org 925.360.5003 (phone) 925.943.6091 (fax)